

**This Back Brace Takes Away the Pain
Wear it Over or Under Clothing
Enjoy Life Again Get-Back Control !
Medicare and FDA Approved**



It is helpful to have assistance for the first fitting, but it can be done alone. Take the back PANEL...the one with the straps attached and place it against your lower back. Fit the plastic DOME against your LUMBAR ARCH. Take the front PANEL and connect the straps from the back panel Under and Back so that the Velcro HOOK engages the STRAP on the outside. If the strap is too long, take the back panel off and move the double sided Velcro Hook to shorten the overall strap length. Do not cut any straps UNTIL you are certain of total adjustment. Once you have the straps adjusted properly you can cut the end off of the Inside strap near the double sided Hook so that it does not overlap the other panel.



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Fine Tuning the Fit:

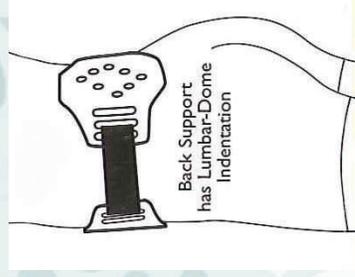
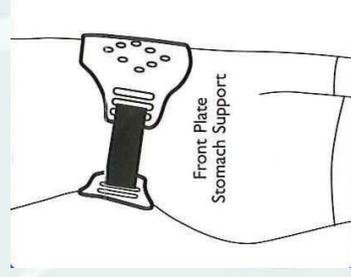
Note there are three slots on each side of EACH PANEL. The inner slots should be used for narrow waists. Take the time to get your adjustment fit proper and comfortable; and, DO NOT over tighten. Keep straps comfortable.

The inner strap connection allows you to adjust the overall length of the strap. If you find the straps are too long, you must open the BACK PANEL STRAP on both sides and move the piece of hook Velcro to shorten the strap. Do not cut the loose end of this strap off until you are certain you have the fit right.

Why is this brace so therapeutic? It's worn more. You do not need it tight with the non-stretch straps. Many users report near immediate relief..

The Lumbar ARCH dome, the Opposing Force panels and the non-stretch straps create a pressure zone around your spinal column providing ***“intra cavitory pressure reducing load on the inter vertebral discs”***.

You can wear this brace during your regular working, lifting, swimming, walking, jogging, cycling, skating, gardening, playing tennis or standing for long periods and it will minimize the strain on your lower back and reduce injury risk. ***ENJOY LIFE AGAIN!***



Tuning the Fit:

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