

# LG 1-2-3 PRO-REST ORTHOSIS with Easy Apply Strap Numbering Guide Flex-E-Core Technology Fitting Instructions

1. Remove the splint from the package and open all hook and loop closures.

2. Place patient's hand on the splint (2).

3. Check the wrist area to ensure that the splint is at the necessary degree of extension (3a).

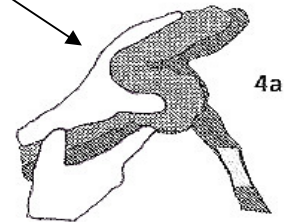
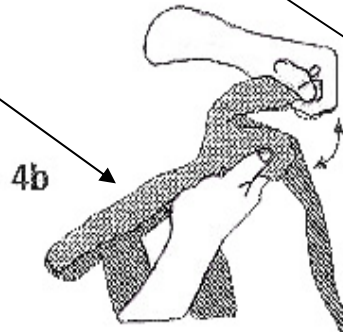
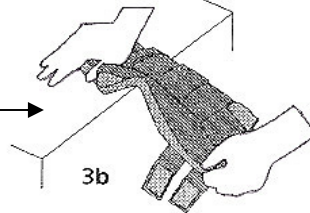
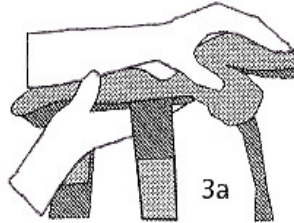
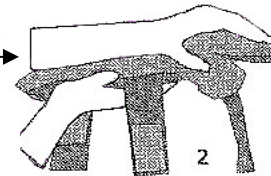
Adjust if necessary to fit patient by bending the wrist portion of the splint over the edge of a bed, table or other object (3b).

4. Check the thumb placement (4a).

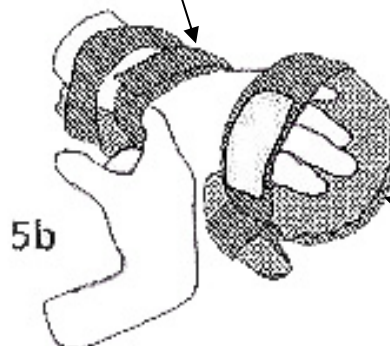
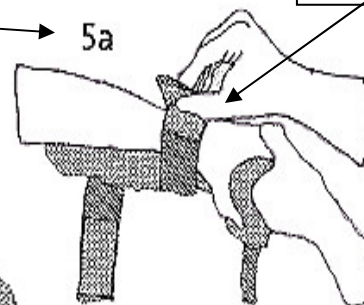
If necessary, bend the thumb portion to fit (4b).

5. First, fasten the hook and loop closure over the wrist (5a).

Check that the strap is secure but not too tight by placing one finger between the arm and the strap (5b).



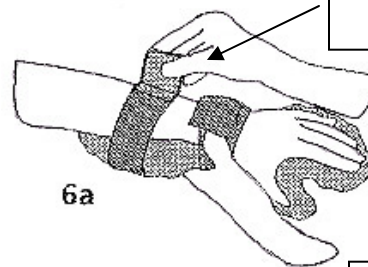
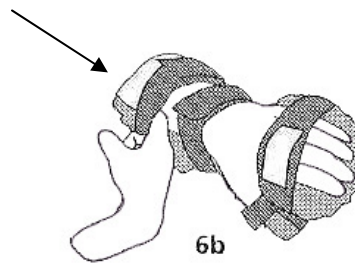
Strap Marked:  
"Apply Strap #1"



Finger Separator (included) may be applied if required. Attach to end of splint body with elastic. Separator panels go In-Between Fingers.

**6. Fasten the hook and loop closure over the forearm (6a).**

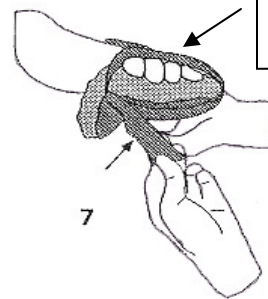
Check that the strap is secure but not too tight by placing one finger between the arm and the strap (6b).



Strap Marked:  
"#2"

6a

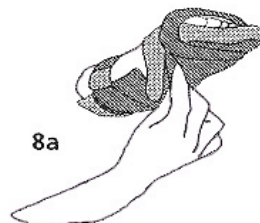
**7. Bring the hook and loop closure over the back of the hand between the MP and IP joints. Wrap the strap around and fasten underneath. Check that the strap is secure but not too tight by placing one finger between the hand and the strap.**



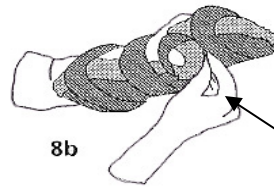
Strap Marked:  
"#3"

7

**8. Wrap the thumb strap comfortably around the thumb to hold thumb in place (8a). Fasten the hook end to strap. Check that it's not too tight (8b).**



8a



8b

Strap Marked:  
"#4"

**9. Re-check the hand, fingers and thumb for correct positioning.****Laundry Instructions**

*Note: refer to facility infection control regulations.*

**Covers:**

Remove cover from splint.

Fasten all Hook and Loop closures.

Place in mesh laundry bag provided.

Machine wash in warm water and rinse thoroughly.

Tumble dry No Heat.

**Important:** Inspect for irritation, redness, swelling or any negative reaction, especially First Shift.

**Flex-E-Core Technology: Adjust it anyway you like!**

Clean with mild detergent and rinse thoroughly.

Completely dry with a soft cloth.

V.2012.02