

1-2-3 PRO REST

Single Patient Use Only

RX Only—Custom Fit

Before using this device, **PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY.** Correct application is vital to the proper functioning of the device.

INTENDED USE:

Joint Contracture Wrist, Hand, Fingers
Contracture: Mild to Moderate
Wrist Drop

CONTRAINDICATIONS:

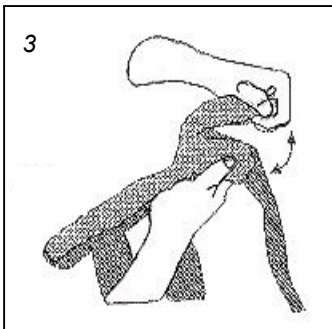
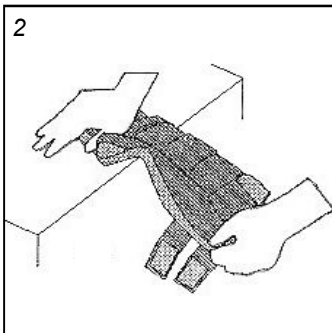
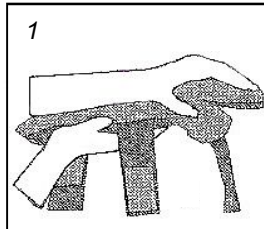
Swelling and / or Redness

WARNINGS & PRECAUTIONS:

Application by trained medical personnel only.
Should be removed **AT LEAST** once every shift for assessment.
Should be **REMOVED** and the physician notified if:
A. persistent redness and irritation of skin occur
B. excessive pain and / or swelling occur.

FITTING INSTRUCTIONS:

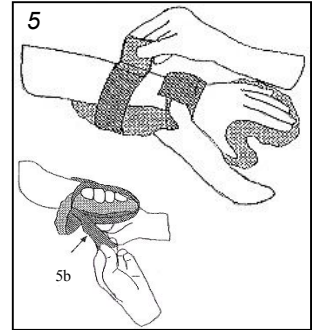
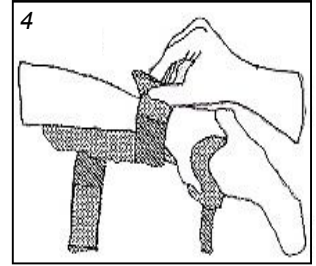
1. Remove the Orthosis from the package. Open all hook and loop closures.
2. Place patient's hand on splint. (Picture 1)
3. Check the wrist area to ensure that the splint is at the necessary degree of extension. Adjust if necessary to fit patient by bending the wrist portion of the splint over the edge of a bed, table or other object. (Picture 2)
4. Check the thumb placement. If necessary, bend the thumb portion to fit (Picture 3)



5. STRAP: Apply Strap #1 (Picture 4). Fasten the hook and loop closure over the wrist. Check that the strap is secure but not too tight by placing one finger between the arm and the strap.

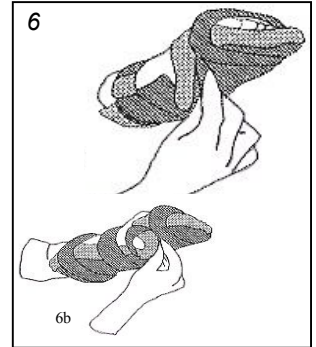
6. STRAP: Apply Strap #2. (Picture 5) Fasten the hook and loop closure over the forearm. Check that the strap is secure but not too tight by placing one finger between the arm and the strap,

7. STRAP: Apply Strap #3. (Picture 5b). Fasten the hook and loop closure over the back of the Fingers between the MP and IP joints, Wrap the strap around and fasten underneath. (Picture 5b) Check that the strap is secure but not too tight by placing one finger between the hand and the strap.



8. STRAP: Apply Strap #4. (Picture 6-6b) Wrap the thumb strap comfortably around the thumb to hold thumb in place. Fasten the hook end to the strap. Check that it is not too tight.

9. Re-check the hand, fingers and thumb for correct positioning (**Flex-E-Core Frame Easy Adjust- Just Bend It**) and check for appropriate Strap tension; do not over tighten.



***Finger Separator (included)** may be applied if required. Attach to end of splint body with elastic. Separator panels go In-Between Fingers. **DO NOT put fingers inside the Loops; put in-between.**



CLEANING INSTRUCTIONS:

Note: refer to facility infection control regulations
Remove cover from splint. Fasten all Hook and Loop closures. Place in mesh laundry bag provided. Machine wash in warm water and rinse thoroughly. Tumble dry **NO HEAT**.

Flex-E-Core Technology: Adjust it anyway necessary!
Just Bend It ! See Instruction 3; Picture 2.

WARRANTY:

Product warranty ninety (90) days from date of shipment as to product quality and workmanship. Manufacturer's written warranty is given in lieu of any implied warranty, including warranty of merchantability or fitness for a particular purpose.

CAUTION:

This Orthosis device provided by or on the order of a licensed Health Care Professional.

LATEX FREE



Part No.

- LRSL PRO (small left), LRSR PRO (small right)
- LRML PRO (medium left), LRMR PRO (medium right)
- LRL PRO (large left), LRLR PRO (large right)
- (add "NF" for No-Fleece / VelFoam option)
- LRPL PRO (small left), LRPR PRO (small right)