

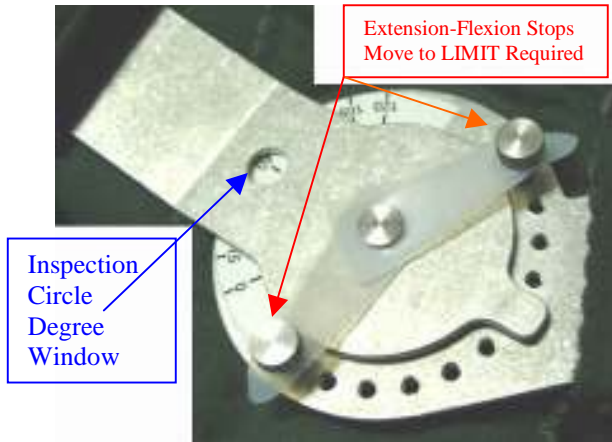
LEEDerKNEE INSTALLATION INSTRUCTIONS

"Since 1996"



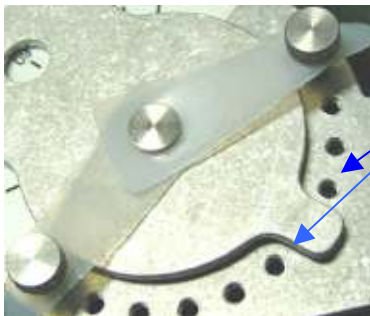
Give More Care for LESS COST ... The LEEDer way

1. Open package and check parts: KNEE Liner w/2 Hinges and 3rd Point KNEE Strap, rectangular abduction pad (optional use), Full Wrap Patella Pad (optional use), and Laundry Bag.
2. Open Velcro closures on **Hinge covers**; note Extension-Flexion **Stops: Full ROM** shown.



3. Prepare patient for measurement. Extend KNEE to contraction

- limit comfortable to patient. **DO NOT FORCE BEYOND INITIAL RESISTANCE.** Measure contraction; note goniometer measurement..
4. Open Velcro strap closures on splint cover and wrap splint cover around KNEE. Close all Velcro closures snugly **without over tightening**. Extend KNEE to desired contraction LIMIT.
 5. **Examine inspection circle degree window** with KNEE extended to desired LIMIT. The degrees indicated are approximate to help determine where to place the Flexion-Extension Stops.
 6. With KNEE extended place Flexion-Extension Stops to stop contraction at desired point. If necessary, remove the splint cover, place Flexion-Extension Stops and reapply splint.
 7. Install the Flexion-Extension Stops as necessary to control total ROM movement.



8. If the Flexion-Extension Stops are placed on **both sides of the pointer**, the hinge will stay **LOCKED** in this position. Placing the Flexion-Extension Stops farther apart permit ROM movement and allows dynamic exercise.
9. Thread 3rd Point KNEE-Cap straps through the plastic "D" rings and engage Velcro on top of Pad to apply corrective pressure against the KNEE Cap. Adjust as necessary. **Optional FULL WRAP PATELLA pad can be used for extreme contracture patients; wrap complete knee to retain hinges to counteract contracture tone.**
10. Establish a wearing schedule beginning with one hour.

Monitor closely.

11. Check for contraindications such as redness and swelling. Immediately discontinue use with contraindications present.
12. Abduction Pad use optional. Place it as an extra pad on the inside hinge cover between the hinge and the patient; allow the Velcro hook to engage the KNEE Liner. Or, use it as desired.

LAUNDRY INSTRUCTIONS:

- Remove metal hinges before washing. Close all Velcro closures. Place in Laundry Bag.
- Wash with mild detergent. Tumble dry, low heat.

Guarantee: The Orthosis is guaranteed to be free of defects and to function properly under normal operating conditions.

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